

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|-----------|----------------|-----|-----------|----------------------------|----------|-------|--------|
| 1 | 922 | Van der Sande | Giel | Ramsel | M1 | SEN | De Dorpspomp | 00:23:50 | 17.62 | 03:24 |
| 2 | 932 | Vanlommel | Guy | Aarschot | M2 | MAS+35 | | 00:24:27 | 17.18 | 03:29 |
| 3 | 895 | Van den bergh | Jorne | Hulshout | M3 | MAS+35 | HAP | 00:25:16 | 16.62 | 03:36 |
| 4 | 917 | Huysmans | Davy | Geel | M4 | MAS+45 | | 00:26:09 | 16.06 | 03:44 |
| 5 | 903 | Verhaegen | Raf | Betekom | M5 | MAS+50 | ROBA | 00:26:25 | 15.9 | 03:46 |
| 6 | 920 | Maes | Peter | Aarschot | M6 | MAS+45 | Irish Pub Dubh-Linn | 00:26:49 | 15.66 | 03:49 |
| 7 | 933 | Van Bael | Tim | Hallaar | M7 | SEN | | 00:27:07 | 15.49 | 03:52 |
| 8 | 897 | Corten | Jimmy | Herselt | M8 | MAS+40 | | 00:27:08 | 15.48 | 03:52 |
| 9 | 927 | Lievens | Kristof | Oevel | M9 | MAS+35 | | 00:27:24 | 15.33 | 03:54 |
| 10 | 902 | Matos Calderon | Christian | Heultje | M10 | CAD | | 00:27:27 | 15.3 | 03:55 |
| 11 | 874 | Winckelmans | Tim | Heist o/d B... | M11 | MAS+35 | Berglopers | 00:27:56 | 15.04 | 03:59 |
| 12 | 889 | Meuris | Nele | Wiekevorst | V1 | MAS+35 | | 00:28:17 | 14.85 | 04:02 |
| 13 | 879 | Hantschel | Herbert | Hulshout | M12 | SCH | AC Hulshout | 00:28:23 | 14.8 | 04:03 |
| 14 | 893 | Vissers | Sven | Eindhout | M13 | JUN | Looise AV | 00:28:36 | 14.69 | 04:05 |
| 15 | 882 | Rennies | Rik | Diest | M14 | SEN | | 00:28:37 | 14.68 | 04:05 |
| 16 | 913 | Heymans | Stefaan | Mechelen | M15 | MAS+55 | | 00:28:42 | 14.63 | 04:06 |
| 17 | 885 | Van Ouytsel | Janne | Langdorp | V2 | SEN | | 00:28:46 | 14.6 | 04:06 |
| 18 | 935 | De Voeght | Wim | Itegem | M16 | MAS+55 | AC HULS | 00:28:57 | 14.51 | 04:08 |
| 19 | 898 | Van der Steen | Jelle | Wiekevorst | M17 | MAS+35 | Team Wikkeveust | 00:29:02 | 14.47 | 04:08 |
| 20 | 924 | Driezen | Tim | Westerlo | M18 | MAS+40 | | 00:29:10 | 14.4 | 04:10 |
| 21 | 877 | Raeymaekers | Ronald | Hulshout | M19 | MAS+50 | AC Hulshout | 00:30:04 | 13.97 | 04:17 |
| 22 | 925 | Van Eepoel | Dave | Hulshout | M20 | MAS+50 | FC Gloria HGB | 00:30:25 | 13.81 | 04:20 |
| 23 | 881 | Martens | Wannes | Itegem | M21 | SEN | | 00:30:37 | 13.72 | 04:22 |
| 24 | 926 | Ceulemans | Glen | Heist o/d B... | M22 | SEN | | 00:30:42 | 13.68 | 04:23 |
| 25 | 891 | Van Hoof | Lenn | Hulshout | M23 | PUP | | 00:31:19 | 13.41 | 04:28 |
| 26 | 890 | Van Hoof | Willem | Hulshout | M24 | MAS+45 | | 00:31:21 | 13.4 | 04:28 |
| 27 | 936 | Laeremans | Lander | Hulshout | M25 | CAD | | 00:31:51 | 13.19 | 04:33 |
| 28 | 930 | Fannes | Karel | Schriek | M26 | MAS+35 | De Goei keuter | 00:31:59 | 13.13 | 04:34 |
| 29 | 911 | Heymans | Filip | Duffel | M27 | MAS+55 | AC Duffel | 00:32:18 | 13 | 04:36 |
| 30 | 918 | Beynaerts | Dirk | Ramsel | M28 | MAS+50 | | 00:32:38 | 12.87 | 04:39 |
| 31 | 886 | Verbist | Jonathan | Aarschot | M29 | MAS+35 | Sportiva Gelrode | 00:32:40 | 12.86 | 04:40 |
| 32 | 873 | Torfs | Benny | Itegem | M30 | MAS+50 | Berglopers | 00:32:43 | 12.84 | 04:40 |
| 33 | 909 | Goyvaerts | Katrien | Westerlo | V3 | MAS+45 | AC Hulshout | 00:32:53 | 12.77 | 04:41 |
| 34 | 919 | Keersmaekers | Marc | Heist o/d B... | M31 | MAS+70 | | 00:33:14 | 12.64 | 04:44 |
| 35 | 872 | Saenen | Johan | Heist o/d B... | M32 | MAS+55 | Berglopers | 00:33:31 | 12.53 | 04:47 |
| 36 | 899 | Heylen | Rist | Hulshout | M33 | MAS+40 | Atletiek Hulshout | 00:33:34 | 12.51 | 04:47 |
| 37 | 912 | Caers | Jozef | Geel | M34 | MAS+55 | | 00:34:04 | 12.33 | 04:52 |
| 38 | 870 | Kusseneers | Luc | Rumst | M35 | MAS+65 | Berglopers | 00:34:21 | 12.23 | 04:54 |
| 39 | 901 | Verwimp | Stijn | Wiekevorst | M36 | MAS+35 | | 00:35:12 | 11.93 | 05:01 |
| 40 | 894 | Van den Vonder | Sam | Hulshout | M37 | MAS+35 | Brasserie Hap | 00:35:27 | 11.85 | 05:03 |
| 41 | 910 | Jacobs | Nele | Herentals | V4 | MAS+40 | Kasteellopers | 00:35:28 | 11.84 | 05:04 |
| 42 | 915 | Heremans | Joran | Booischot | M38 | SEN | | 00:35:30 | 11.83 | 05:04 |
| 43 | 871 | Nevelsteen | Staf | Booischot | M39 | MAS+65 | Berglopers | 00:35:35 | 11.8 | 05:05 |
| 44 | 914 | Op de Beeck | Neel | Heist o/d B... | M40 | MAS+35 | | 00:35:41 | 11.77 | 05:05 |
| 45 | 896 | Witvrouwen | Gerry | Heist o/d B... | M41 | MAS+45 | Brasserie Hap | 00:35:44 | 11.75 | 05:06 |
| 46 | 883 | Van Bel | Davy | Westerlo | M42 | MAS+45 | | 00:35:53 | 11.7 | 05:07 |
| 47 | 878 | Guldolf | Dries | Aarschot | M43 | SEN | Sportiva Gelrode | 00:36:32 | 11.5 | 05:13 |
| 48 | 900 | Demey | Yves | Izegem | M44 | MAS+55 | | 00:36:40 | 11.45 | 05:14 |
| 49 | 892 | Desfossés | Igor | Hulshout | M45 | MAS+35 | | 00:36:44 | 11.43 | 05:14 |
| 50 | 937 | Raddoux | Cedric | Hulshout | M46 | SEN | Oud-leiding Chiro Hulsh... | 00:37:19 | 11.26 | 05:19 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|----------|----------------|-----|-----------|--------------|----------|-------|--------|
| 51 | 916 | Heremans | Joris | Booischoot | M47 | SEN | | 00:37:33 | 11.19 | 05:21 |
| 52 | 934 | Van Dyck | Michel | Heist o/d B... | M48 | MAS+60 | Berglopers | 00:37:42 | 11.14 | 05:23 |
| 53 | 876 | Cle | Assis | Aarschoot | V5 | SEN | | 00:38:04 | 11.03 | 05:26 |
| 54 | 880 | Maes | Tim | Houtvenne | M49 | SEN | | 00:38:42 | 10.85 | 05:31 |
| 55 | 929 | Broos | Niels | Essen | M50 | SEN | | 00:38:52 | 10.81 | 05:33 |
| 56 | 928 | Leirs | Paulien | Herentals | V6 | SEN | | 00:38:56 | 10.79 | 05:33 |
| 57 | 908 | De Winter | Thomas | Hulshout | M51 | SEN | | 00:39:06 | 10.74 | 05:35 |
| 58 | 905 | Cumps | Sofie | Langdorp | V7 | MAS+40 | Kapsalon Luc | 00:39:24 | 10.66 | 05:37 |
| 59 | 938 | Cornelis | Kobe | Herselt | M52 | MAS+35 | | 00:39:35 | 10.61 | 05:39 |
| 60 | 884 | Van der Vieren | Maarten | Lier | M53 | MAS+35 | | 00:39:37 | 10.6 | 05:39 |
| 61 | 904 | Cumps | Chris | Aarschoot | M54 | MAS+65 | Kapsalon Luc | 00:39:47 | 10.56 | 05:41 |
| 62 | 931 | Verherstraeten | Raf | Herselt | M55 | MAS+60 | De Dorpspomp | 00:40:52 | 10.28 | 05:50 |
| 63 | 907 | Haepers | Jan | Herselt | M56 | MAS+60 | | 00:41:17 | 10.17 | 05:53 |
| 64 | 875 | Wuyts | Anouska | Tessenderlo | V8 | MAS+40 | Berglopers | 00:43:18 | 9.7 | 06:11 |
| 65 | 923 | Vissers | Nathalie | Edegem | V9 | SEN | | 00:43:37 | 9.63 | 06:13 |
| 66 | 888 | Laurijssen | Filip | Hulshout | M57 | MAS+50 | | 00:43:50 | 9.58 | 06:15 |
| 67 | 906 | Magriet | Linda | Heist o/d B... | V10 | MAS+60 | | 00:48:43 | 8.62 | 06:57 |
| 68 | 921 | Godts | Johanna | Broechem | V11 | MAS+35 | | 00:49:11 | 8.54 | 07:01 |